



OCTOBER

Counselor's Corner

Whiteford Elementary

October brings cooler weather and the excitement of fall activities! This month, I will be visiting classrooms to teach social-emotional lessons focused on empathy, accepting others, responsible decision-making, and being a good friend. Small groups will also begin this month and will be held during lunch. Groups were formed based on teacher recommendations, but if you feel your child would benefit from participating, please don't hesitate to reach out!

Upcoming Events

National Bullying Prevention Month!

- **October 22:** Unity Day! Wear Orange to promote kindness and inclusion!
- **October 27th-31st:** Healthy Choice Week! This week we will be focusing on keeping our minds and bodies healthy. Stay tuned for fun activities and a themed spirit week!

Building Empathy & Understanding

Empathy is the ability to understand and share the feelings of others. This month, we'll be exploring how students can practice empathy in their daily interactions and why it's so important for creating a supportive and inclusive school environment.



Contact Information:

If you have any questions or concerns, I'm here to help. You can reach me at danielle.brossia@whiteford.K12.MI.US or call 734-856-1443 ext.309.